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LISNAGARVEY
HOCKEY CLUB

Youth & Mini Hockey Charter



The Charter



At Lisnagarvey Hockey Club we aim to create:

'The best experiences that we can, for as many children and young people as we can, keeping as many playing for as long as we can.'

Lisnagarvey Hockey Club understand that children and young people are all at different stages in their development, develop at different rates, in different ways, and have different ambitions which change over time. As such, success in Youth and Mini-Hockey is defined in the short-term as creating positive experiences of hockey, in the medium-term as contributing to the development of young people, and in the long-term to achieving sustained participation, personal development and/or performance success as adults.

Short-Term	Medium-Term	Long-Term
<p>'Smiling, sweating, learning & returning' - A positive coaching environment in which children:</p> <ul style="list-style-type: none"> • Enjoy themselves. • Are active. • Learn new things. • Want to come back each week. 	<ul style="list-style-type: none"> • The development of hockey, movement & mental skills in young people. • Development of a connection between young people, their friends, coaches, the sport & the club. • Contributing to the development of character & confidence in young people. 	<ul style="list-style-type: none"> • Young Hockey players, & sports people, who maintain participation beyond Youth Hockey into adulthood. • Making a positive contribution to the personal development of great people. • Young Hockey players realising their full potential in the sport, & achieving success, as senior players.



At Lisnagarvey Hockey Club we understand that each young person is a child first, and hockey player second. In order to demonstrate our commitment to creating child-centred Hockey experiences, and inform our practice, the club aspires to deliver on the iCoachKids pledge. This pledge has been informed by a thorough review of available research relating to child development in and through sport by iCoachKids, a global children's coaching movement.



The iCoachKids Pledge



- 1 Be CHILD-CENTRED
- 2 Be HOLISTIC
- 3 Be INCLUSIVE
- 4 Make it FUN and SAFE
- 5 Prioritise the LOVE for sport above LEARNING sport
- 6 Focus on FOUNDATIONAL skills
- 7 Engage PARENTS positively
- 8 Plan PROGRESSIVE programmes
- 9 Use different methods to ENHANCE LEARNING
- 10 Use COMPETITION in a developmental way

A video explaining the pledge is available via the following link:

<https://www.youtube.com/watch?v=ZZyD09rLr4o>

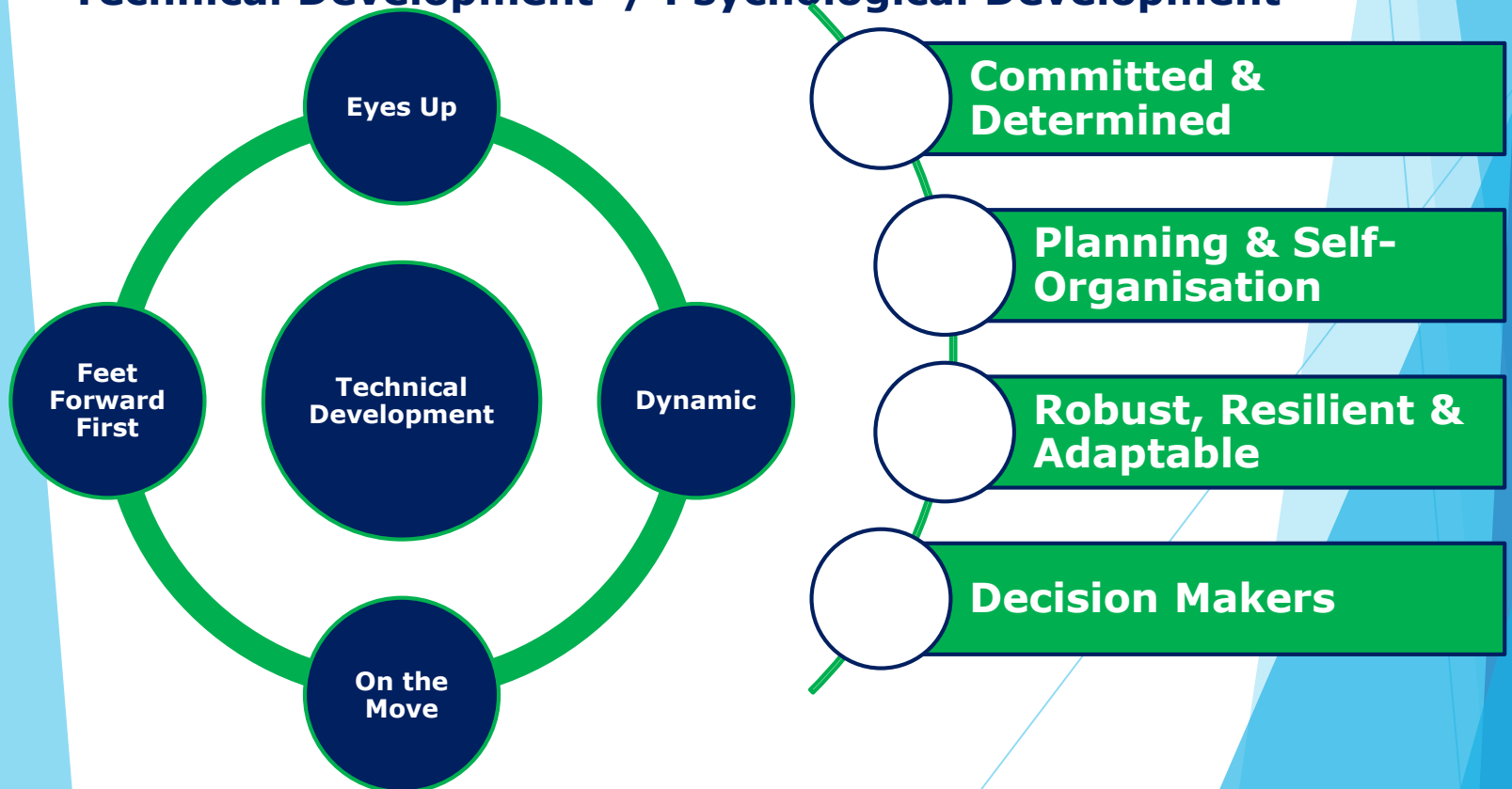


Youth and Mini Hockey coaching at Lisnagarvey Hockey Club aims to align with the Hockey Ireland 'Hooked for Life' player development principles.

These principles are outlined below:



Technical Development / Psychological Development

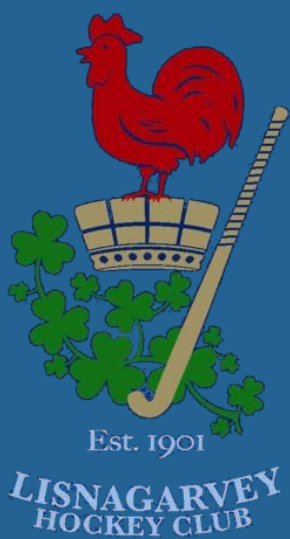




Lisnagarvey Hockey Club has agreed approaches to competition for different age groups that are developmentally appropriate & focused on long-term development rather than short-term success. These are outlined below:

Game Day

Group	Game Format	Selection Approach	Game Time Approach	Other
Hockey Tots (<P3)	2v2 / 3v3	N/A	Aiming for 100% Play Time for All.	Intra-Club Games <small>(P3 may play inter-Club Games subject to group stage of development).</small>
P4 & P5	4v4 (Fun 4's)	Non-Selective / Non-Streamed. All players offered equal number of competitive opps.	All Players Given Equal Game Time.	Inter-Club Game Days
P6 & P7 (Under 11)	6v6 (Super 6's)	Non-Selective / Non-Streamed. All players offered equal number of competitive opps.	All Players Given Equal Game Time.	*U11 Finals Day & Qualifier Selective due to limited team/s permitted per club. The club will create an additional coaching/competition opp for those not participating in finals day.
Under 12	8v8 (Extreme 8's)	Non-Selective / Non-Streamed. All players offered equal number of competitive opps.	All Players Given Equal Game Time.	Blitz Days.
Under 13	8v8 (Extreme 8's)	Non-Selective / Non-Streamed*. All players offered equal number of competitive opps.	All Players Given Equal Game Time.	*U13 Finals Day & Qualifier Selective due to limited team/s permitted per club. The club will create an additional coaching/competition opp for those not participating in finals day.
Under 14/15	11v11	Selective & Streamed. However, competitive games made available to all players.	All Players Given an Appropriate Amount of Game Time on Game Day.	League, Cup & Friendly Matches. (plus 8v8 Blitzes for Boys).



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